

## 参考答案

### 复习部分

#### UNIT 1

##### Part 1

一、1. D 2. A 3. B 4. C 5. B

二、【文章大意】本文主要讲述了作者及姐姐的周末生活。

6. C 7. A 8. C 9. C 10. A 11. C 12. B  
13. C 14. C 15. A

三、A【文章大意】本文是一篇记叙文,主要描述了作者上学的一天。

16. B【解析】细节理解题。根据第二段的“My favourite food is bread and milk.”可知,作者最喜欢面包和牛奶。故选 B。

17. D【解析】代词指代题。根据第三段的“I make many friends at school. I always talk with them or play sports with them after class.”可知,画线词指的是前文提到的朋友们。故选 D。

18. C【解析】细节理解题。根据最后一段的“I take a walk after dinner. Then I do my homework. After I finish the homework, I go to take a shower. Then I go to bed.”可知,作者晚饭后先散步,然后写作业,接着洗澡,再去睡觉。故选 C。

19. A【解析】细节理解题。根据第三段的“I make many friends at school. I always talk with them or play sports with them after class.”可知,作者课后总是和朋友们聊天。故选 A。

20. D【解析】标题归纳题。通读全文,尤其根据第一段的“How can we do that? I think my school life can give you some help.”可知,作者通过描述自己的上学日的活动,来介绍如何才能拥有美好的学校日,选项 D 适合作为文章标题。故选 D。

B【文章大意】本文主要介绍了 Tony 周日的生活作息情况。

21. B【解析】细节理解题。根据第三段的“We eat

well, and chicken is my favourite food.”可知, Tony 最喜欢的食物是鸡肉。故选 B。

22. C【解析】细节理解题。根据第二段的“At about ten o’clock, I begin to do my homework.”和最后一段的“At half past seven, we often watch TV. An hour later, I talk with my pen friends on the computer.”可知, Tony 在星期天会写作业、看电视以及和笔友聊天。故选 C。

23. B【解析】推理判断题。根据最后一段的“At half past seven, we often watch TV... And then I go to bed.”可知,七点半看电视,一个小时后和笔友在电脑上聊天,聊半个小时,然后上床睡觉。因此 Tony 可能 9 点钟去睡觉。故选 B。

24. D【解析】细节理解题。根据第三段的“In the afternoon I usually play soccer with my friends for two hours.”可知, Tony 通常在星期天和他的朋友们踢足球。故选 D。

25. A【解析】篇章结构题。文章第一段说明了星期天有很多空闲时间;第二段、第三段和第四段分别介绍了星期天的上午、中午和晚上都做些什么事情,所以文章是总分结构,A 项与之相符。故选 A。

C【文章大意】本文介绍了 Steve 的工作日作息情况。

26. A 27. C 28. D 29. B 30. E

四、31. finishes 32. part 33. brushes 34. duty  
35. shower

五、【文章大意】本文主要讲述了保罗一天的日常活动。

36. job 37. gets 38. dressed 39. exercise  
40. runs 41. walk 42. best 43. quarter  
44. watches 45. early

六、【文章大意】本文主要讲述了陈华上学迟到的原因。

46. On foot.

47. About 10 minutes.

48. At 7:40.

49. ①answers ②cook ③good

50. 她经常上学迟到。

51. Because she must take care of her mother.

七、Hello, everyone. My name is Linda. I am 13 years old. I am from the UK. It's a beautiful country. I usually get up at 6:30. Then I take a shower and brush my teeth. I often have breakfast at 7:00. I go to school at 7:30. School begins at 8:00. I have three classes in the morning and three classes in the afternoon. Around 4:00, I walk home. I do my homework at 5:00. I usually have dinner at 6:00. I sometimes take a walk with my parents. I go to bed at 9:00.

## Part 2

### Section A

一、【文章大意】本文讲述了一个名叫 Amy 的学生的日常生活。

1. A 2. B 3. C 4. A 5. C 6. A 7. A 8. C  
9. B 10. C

二、【文章大意】本文主要介绍了在英国人们的日常生活时间安排以及超市营业时间。

1. A 【解析】词义猜测题。buy 买; take 拿; give 给; sell 卖。根据第一段的“but a lot of people just purchase a cup of coffee in a shop”可知,是在商店买咖啡,所以 purchase 含义为“买”。故选 A。

2. B 【解析】细节理解题。根据“They have dinner between 7:00 p. m. and 8:00 p. m. and this is usually a big meal of the day.”可知,晚上七点到八点大部分人都在吃晚饭。故选 B。

3. D 【解析】细节理解题。根据“People go shopping after work or at the weekend.”可知,在英国,人们下班后或周末去购物。故选 D。

4. C 【解析】标题归纳题。通读全文可知,文章介绍了英国人的日常生活。故选 C。

B 【文章大意】本文主要介绍了一位叫李洁的学生的日常生活。

5. C 【解析】细节理解题。根据第二段“After that

she goes to school at 7:20 a. m.”可知,李洁早上 7:20 去学校。故选 C。

6. C 【解析】细节理解题。根据第二段“Every morning, she gets up at 6:00 a. m. Then she exercises for an hour in the park... Li Jie has four lessons in the morning and three lessons in the afternoon... She goes home a little late when she has a swimming class.”可知,正确顺序是 b—c—a—d。故选 C。

7. A 【解析】代词指代题。根据最后一段“Her dream is to be a swimming star. And she practices it very hard for the dream.”可知,此处表示练习游泳, it 指代 swimming。故选 A。

8. B 【解析】细节理解题。根据第三段“After dinner, she usually watches swimming games on TV for about an hour.”可知,晚饭后,她通常看大约一个小时电视。故选 B。

三、【文章大意】本文介绍了爱丽丝一天的生活。

1. D 2. C 3. A 4. E 5. B

### Section B

一、【文章大意】本文介绍了菲利浦的日常生活。

1. A 2. B 3. B 4. C 5. C 6. A 7. A 8. B  
9. C 10. C

二、【文章大意】本文主要介绍了父母帮助孩子周一准时到校的几种方法。

1. D 【解析】细节理解题。根据第二段的“It's good for children to take a shower before they go to bed.”可知,孩子睡觉前冲个澡对他们有好处,故选 D。

2. C 【解析】细节理解题。根据第三段的“Your children should sleep for about nine hours every day.”可知,孩子每天应该睡大约九个小时。故选 C。

3. B 【解析】细节理解题。根据第一段的“For parents, they should do something helpful to let their children get to school on time.”可知,这些建议是写给父母看的。故选 B。

4. D 【解析】主旨大意题。本文主要介绍了几种父母帮助孩子周一准时到校的方法。故选 D。

5. A 【解析】篇章结构题。第一段引出话题,第二段到第四段是几种父母帮助孩子周一准时到校的方法,最后一段是总结。故选 A。

三、【文章大意】本文主要介绍了 Eric 和他的机器人的生活。

- 1. does 2. life 3. work 4. usually
- 5. exercises 6. early 7. dressed 8. At
- 9. washes 10. good

四、【文章大意】本文介绍了辛迪和彼得繁忙的一天。

- 1. On foot/ They walk to school.
- 2. Two/2.
- 3. ①getting ②sport ③plays
- 4. 我们需要先完成作业。
- 5. Cindy and Peter's Busy Day
- 6. Yes, I do. I like making good use of my time because it can make me learn more. (开放性设问,答案言之有理即可。)

## UNIT 2

### Part 1

一、1. D 2. C 3. D 4. C 5. B

二、【文章大意】本文是对 Mary 和 Jeff 的介绍。

6. B

7. A 【解析】考查对文章的理解。根据句尾的 too 可知是喜欢打篮球和踢足球,因此答案为 A。

8. A 【解析】考查动词的用法。We 作主语且宾语为“a music festival and... art festival”,所以前面用 have,本题选择 A。

9. C 【解析】考查冠词的用法。单词 art 前用 an,因此本题答案为 C。

10. C 【解析】考查系动词用法。Jeff 是第三人称单数所以后面是 is,因此本题答案为 C。

11. C

12. A 【解析】考查人称代词的用法。这里指 Jeff,所以答案是 A。

13. C

14. A 【解析】考查连词用法。喜欢两项活动,并列用 and。可知答案为 A。

15. C 【解析】考查系动词用法。根据句意可知此处用 be 动词。we 作主语是复数,所以后面的 be

动词用 are。因此本题答案为 C。

三、A 【文章大意】本文主要介绍了作者在生日当天收到的礼物以及生日派对的相关情况。

16. C 【解析】推理判断题。根据第一段的“It helps me learn more new things on the Internet.”可知,可以上网帮助我学习新东西,故推出应该是电脑。故选 C。

17. B 【解析】细节理解题。根据第一段的“I like to listen to music, so my brother gives me some CDs.”可知,作者的哥哥送了唱片。故选 B。

18. C 【解析】细节理解题。根据第二段的“I invite my friends to come to my home at five o'clock this afternoon.”可知,作者下午 5 点邀请朋友们来到家里。故选 C。

19. A 【解析】细节理解题。根据第二段的“I invite my friends to come to my home at five o'clock this afternoon.”及“We do word puzzles and tell stories together.”可知,本段提到了派对的时间,地点和玩的游戏。故选 A。

20. A 【解析】主旨大意题。根据第一段的“It's my birthday today, and I get many gifts from my family and friends.”及第二段的“I invite my friends to come to my home at five o'clock this afternoon.”可知,作者写这篇文章主要是为了与我们分享她的生日礼物和聚会。故选 A。

B【文章大意】本文主要介绍了不同国家庆祝生日的不同方式。

21. A 【解析】细节理解题。根据第二段中的“In Denmark, parents always prepare a birthday cake with the national flag on it for their birthday child.”可知,丹麦人会在生日蛋糕上放一面国旗。故选 A。

22. A 【解析】细节理解题。根据第四段中的“At the party, the birthday girl must dance with her father first...”可知,在阿根廷,过十五岁生日的女孩子在派对上必须先跟父亲跳舞。故选 A。

23. A 【解析】词义猜测题。根据最后一段的“The friends and parents will lift the chair.”可知,此处表示“朋友和父母会把椅子举起来”。故选 A。

24. B 【解析】细节理解题。根据第五段中的“*But on their birthdays, children wear colourful clothes to school...*”可知，在印度，孩子们在生日的时候可以穿五颜六色的衣服去上学。故选B。

25. A 【解析】篇章结构题。第一段总体介绍不同国家有不同的庆祝生日的方式，第二至六段分别介绍一些国家庆祝生日的方式，所以是总分结构。故选A。

C【文章大意】本文是一篇记叙文。文章中作者认为孩子们在享受自己的生日聚会时首先应该感谢妈妈，并用实际行动感谢妈妈所有无私的付出。

26. E 27. D 28. A 29. B 30. C

四、31. height 32. Who 33. later 34. languages  
35. surprise

五、【文章大意】本文是一篇记叙文。文章主要讲述了亨利的姑妈给他做了一份特别的生日礼物。

36. first 37. birthday 38. wants 39. when  
40. for 41. but 42. cook 43. your 44. symbol  
45. gift

六、【文章大意】本文主要介绍了不同国家的关于生日的习俗。

46. Long noodles and eggs.  
47. A pencil and an eraser./A pencil and a postcard./An eraser and a postcard.  
48. Around the children's beds.  
49. ① symbol ②birthday ③gifts  
50. 在我们国家，孩子们会带一些特别的东西到学校给同学和老师。  
51. They are interesting/funny/cool/special. (开放性设问, 答案言之有理即可。)

七、 Hi, I'm Mike. Today is Sunday and my fourteenth birthday. At 11:00 in the morning my good friends Tom and Nick come to my house. They buy a birthday cake for me and I love it very much. At noon, my parents cook a big birthday lunch. We have vegetables, chicken and milk. All the dishes are delicious. I get a

pen and an English dictionary from my parents. In the afternoon, I want to do something different, so I go to the old people's home with Tom and Nick. There we do some cleaning, water the flowers, sing and read newspapers to the old. They are very happy.

What a meaningful birthday!

## Part 2

### Section A

一、【文章大意】本文是一篇记叙文。主要讲述了多拉给爸爸买生日礼物的经历。

1. C 2. A 3. B 4. A 5. C 6. A 7. C 8. C  
9. B 10. B

二、【文章大意】本文是一篇说明文。文章主要讲述了如何举办一个成功的生日派对。

1. D 【解析】细节理解题。根据第二段中的“*Saturdays and Sundays are good days for the party because the students don't go to school.*”可知，星期六和星期天是聚会的好日子。故选D。

2. B 【解析】细节理解题。根据第三段中的“*If you have the party on Saturday, you need to tell them on Thursday.*”可知，如果你周六有聚会，最好周四告诉他们，所以最好提前两天通知朋友和同学，这样他们才能有时间准备礼物。故选B。

3. C 【解析】主旨大意题。根据第四段中的“*Think about games for the party.*”可知，最后一段主要讲聚会上的游戏。故选C。

4. A 【解析】篇章结构题。第一段提出问题：怎样举办一个很棒的聚会；二、三、四段分别介绍了举办一个很棒的聚会的三个建议。本文为总分结构。故选A。

5. A 【解析】推理判断题。根据文章开头可知，本文介绍了如何举办一个很棒的生日派对。故选A。

三、【文章大意】本文主要讲述了Emma生日那天以为父母和朋友都忘记了自己的生日，很不开心，最后却被妈妈带到了一个俱乐部，父母和朋友们一起给她庆祝生日的经历。

1. D 2. C 3. A 4. B 5. E

四、【文章大意】本文介绍了一所学校即将举办九周年校庆,师生准备气球、巧克力等,他们期待欢乐时光。

1. and 2. ninth 3. celebrate 4. something  
5. chocolate 6. them 7. balloons 8. really  
9. says 10. have

### Section B

一、【文章大意】本文主要讲述了作者一家给妹妹 Mary 庆祝生日。

1. C 2. A 3. A 4. B 5. C 6. B 7. A 8. C  
9. C 10. B

二、【文章大意】本文主要讲述了比尔·史密斯的家人给他庆祝生日的故事。

1. B 【解析】细节理解题。根据第一段“Frank's father, Bill Smith, is a geography teacher in a middle school.”可知,Bill 教地理。故选 B。  
2. A 【解析】推理判断题。根据第三段“In the evening, Frank's grandparents come for the birthday party.”可知,晚上,Frank 的祖父母来参加生日聚会;据此可以推断,生日聚会可能在 Frank 的家里举行。故选 A。  
3. A 【解析】推理判断题。综合全文可知,本文主要讲述了全家给 Frank 的爸爸过生日的故事;据此可以推断,作者的目的是告诉我们一位父亲的生日情况。故选 A。  
4. C 【解析】段落大意题。综合全文可知,第一段介绍比尔的生日,c“父亲的生日”与之相配;第二段介绍家人送的生日礼物,b“生日礼物”与之相配;第三段介绍生日聚会情况,d“生日晚会”与之相配。故选 C。

三、【文章大意】本文为一篇说明文。文章主要介绍了在不同国家,过生日的人们所吃的食物以及其寓意。

1. countries 2. with 3. must 4. blows  
5. sometimes 6. lucky 7. noodles 8. because  
9. symbol 10. different

四、【文章大意】本文主要介绍了学校的一些情况。

1. It is on September 25th.

2. He is Helen's English teacher.

3. No, it isn't.

4. ①things ②two ③November

5. 在 9 月 22 日,我们举办了一次艺术节。

6. I will buy some drinks and take photos for the players.

**思路点拨:**即使不参加比赛,也可以在幕后为比赛做许多事,积极参与集体活动,你会体验到集体的温暖和许多快乐,你还可以从其他方面作答,如帮忙布置比赛场地、当裁判,只要积极向上都可以。

### UNIT 3

#### Part 1

一、1. C 2. A 3. C 4. C 5. D

二、【文章大意】动物们生活在世界各地,本文介绍了相关内容。

6. B 7. A 8. A 9. B 10. B 11. C 12. B  
13. A 14. C 15. B

三、A 【文章大意】本文是一篇说明文。文章主要介绍了世界上一些处于危险中的动物。

16. B 【解析】细节理解题。根据文中图表可知,文章主要介绍了蓝鲸,野生双峰驼和亚洲象三种动物。故选 B。

17. A 【解析】细节理解题。根据表格第一栏的“The blue whale lives in oceans around the world. It is the largest animal in the world...”可知,蓝鲸生活在海洋中,它是世界上最大的动物。故选 A。

18. C 【解析】细节理解题。根据表格第二栏的“The wild bactrian camel lives in Northwest China and Mongolia.”可知,野生双峰驼生活在中国西北部和蒙古。故选 C。

19. D 【解析】细节理解题。根据表格第三栏的“There might be 35,000 Asian elephants left in the wild.”可知,世界上野生的亚洲象可能还有 35,000 头。故选 D。

20. C 【解析】细节理解题。根据“The wild bactrian camel lives in Northwest China and Mongolia. It is a large camel and the only species in the world with two humps.”可知,野生双峰驼是世界上唯一有两个驼峰的物种。C 选项“野生

双峰驼是世界上唯一有一个驼峰的物种。”与文章不符。故选 C。

**B【文章大意】**本文讲述了大象小时候无法摆脱拴着它们的绳子，长大后它们仍认为无法逃脱。就像大象一样，我们许多人相信自己不能做某事，只是因为我们认为我们不能。

**21. B【解析】**细节理解题。根据第一段的“*He suddenly stops when he sees a small rope tied to every big elephant's front leg.*”可知，当他看到系在大象前腿上的小绳子时，他停了下来。故选 B。

**22. A【解析】**细节理解题。根据第二段的“*As they grow up, they still believe they cannot run away.*”可知，大象从没有试着逃跑，是因为它们认为无法逃跑。故选 A。

**23. B【解析】**词义猜测题。根据第一段的“*It is easy to find that the elephants can break away from the ropes, but they do not.*”可知，此处表示这些大象能很容易挣脱绳子逃跑，但是它们没有，可知画线词在此处表示“摆脱”。故选 B。

**24. D【解析】**细节理解题。根据最后一段“*Just like the elephants, many of us believe that we can not do something, just because we think we can't. We should change our mind. We should never give up trying in life.*”可知，我们应该相信我们能做许多事情，并且要勇于尝试。故选 D。

**25. D【解析】**标题归纳题。根据第一段的“*... he sees a small rope tied to every big elephant's front leg. It is easy to find that the elephants can break away from the ropes, but they do not.*”可知，本文讲述了大象可以摆脱拴着它们的绳子，但是它们却没有逃跑，因此是围绕着大象和绳子展开的。故选 D。

**C【文章大意】**本文介绍了王强全家参与观鸟活动的经历，并强调了保护珍稀鸟类如仙八色鸫的重要性。

**26. D 27. E 28. B 29. A 30. C**

**四、31. luck 32. friendly 33. pick 34. friendly 35. sandwiches**

**五、【文章大意】**本文介绍了 Smith 一家在动物园看到的一些动物。

**36. free 37. from 38. tree 39. friendly**

**40. Africa 41. place 42. scary 43. live**

**44. China 45. houses**

**六、【文章大意】**本文主要介绍了大象的特征以及种类。

**46. Yes, they do.**

**47. Yes, they can.**

**48. 270 kg.**

**49. ①nose ②Indian ③and**

**50. 但是它们住在海里。**

**51. Two.**

**七、** Good morning, everyone! Today, I want to tell you one of the Chinese animals—the Golden Monkey. Golden Monkeys live in the south of China. Some of them are yellow and some are black. They live in groups. They like eating leaves and fruit. People kill many golden monkeys, so they are in great danger now. We must protect them.

## Part 2

### Section A

**一、【文章大意】**本文讲述了乔尔·萨尔托雷为《国家地理》杂志拍摄动物照片的故事。

**1. A 2. A 3. C 4. B 5. B 6. C 7. A 8. C**

**9. A 10. B**

**二、【文章大意】**本文介绍了泰国的大象节和尼泊尔的乌鸦节。

**1. A【解析】**细节理解题。根据“*Place: Thailand*”中的“*Place: Thailand*”可知泰国有大象节。故选 A。

**2. B【解析】**细节理解题。根据“*Activities: People dress the strong elephant up and then enjoy shows of the elephants.*”可知他们欣赏大象的表演。故选 B。

**3. B【解析】**细节理解题。根据“*Crow Day*”中的“*Day: 10th of the first month of autumn*”可知乌鸦节是在秋天的第一个月的第十天。故选 B。

**4. C【解析】**词义猜测题。根据“*In Nepal, people think crows are their lucky birds. Everyone should protect them.*”可知他们认为乌鸦是幸运

鸟,因此是要保护它们。故选 C。

**B【文章大意】**本文是一篇说明文,介绍了信天翁、火烈鸟、马和长颈鹿的独特的睡觉方式。

**5. C【解析】**推理判断题。根据第二段的“They can fly about 22,000 kilometres around the Earth in 46 days!”可知,信天翁能在 46 天内绕地球飞行 22,000 千米,因此一天能飞行大约 480 千米。故选 C。

**6. C【解析】**细节理解题。根据第三段的“A flamingo can sleep when standing on one leg.”和“The other leg stays close to its body. Its head lies on its back.”可知,火烈鸟能单腿站立睡觉,另一条腿紧贴身体,且头在背上,图片 C 符合。故选 C。

**7. A【解析】**词义猜测题。根据第四段的“A standing horse can escape more quickly when it sees dangerous things.”可知,马看到危险的事物时会逃跑,因此 escape 表示“逃跑”,故选 A。

**8. A【解析】**最佳标题题。根据文章首段“Almost all animals need to sleep, but some have special ways.”可知,本文介绍了动物们独特的睡觉方式,因此选项 A“动物特殊的睡觉方式”适合作最佳标题。故选 A。

**三、**1. D 2. A 3. E 4. B 5. C

### Section B

**一、【文章大意】**本文主要介绍了 9 岁的女孩萨莉对熊猫的喜爱之情。

1. C 2. A 3. C 4. A 5. C 6. C 7. C 8. B  
9. C 10. B

**二、【文章大意】**本文是一篇记叙文。文章通过讲述小象学飞行的故事告诉我们每个人都各有所长。

1. A 2. A 3. C 4. D

**三、【文章大意】**本文介绍了作者学校附近的动物园,还讲述了作者喜欢的动物。

1. as 2. scary 3. Australia 4. because  
5. giraffes 6. playing 7. friendly 8. down  
9. ivory 10. danger

**四、【文章大意】**本文介绍了城市动物园里的一些动物。

1. She is from Australia.

2. Eight. /8.

3. Johnny. /The elephant.

4. ①at ②from ③years

5. 但是她很健康,因为她可以从树叶中汲取水分。

6. The panda. Because it is cute. (开放性问题,回答出所喜爱的动物及其特点即可,答案不唯一。)

## UNIT 4

### Part 1

—、1. C 2. D 3. B 4. A 5. D

**二、【文章大意】**本文主要讲述了学校的规章制度给 David 带来了很大的困扰,最后他的老师给出了一个好的解决办法。

6. C 7. B 8. B 9. C 10. C 11. C 12. A  
13. C 14. C 15. A

**三、A【文章大意】**本文介绍了在进行户外活动时的注意事项。

**16. C【解析】**推理判断题。根据“It is Saturday tomorrow.”可推知,今天星期五。故选 C。

**17. C【解析】**细节理解题。根据“We can sing, dance, draw, fly kites and have a picnic there.”可知,我们可以唱歌、跳舞、画画、放风筝和野餐,共五件事,故选 C。

**18. A【解析】**细节理解题。根据“Don’t run fast after each other during the outdoor activities.”可知,第一个标志指的是不要奔跑追逐。故选 A。

**19. D【解析】**细节理解题。根据“There is a river near the farm. Don’t go swimming in it. Don’t be close to it. It’s dangerous, too.”可知,第四个标志的意思是不要去河里游泳。故选 D。

**20. B【解析】**主旨大意题。通读全文,尤其是根据“Today our teacher tells us some rules of the outdoor activities. Please look at them.”可知,文章介绍了在进行户外活动时的注意事项。故选 B。

**B【文章大意】**本文作者主要介绍了学生上学穿校服的优点。

**21. A【解析】**细节理解题。根据“What is the school uniform? It’s a kind of clothes for students only.”可知,校服是一种为学生准备的

服装。故选 A。

22. D 【解析】细节理解题。根据“With school uniforms, students don't need so many clothes. That can help to save much money for their parents.”可知,穿校服可以为学生家长省钱。故选 D。

23. D 【解析】细节理解题。根据“Most of the teachers think it's a good idea for students to wear school uniforms.”可知,大多数老师认为学生穿校服是个好主意。由此可推知,选项 D“所有的老师都认为学生必须穿校服上学。”表述有误。故选 D。

24. B 【解析】词义猜测题。根据“School uniforms usually have good quality. They aren't so expensive and students don't need too much money to buy them.”可知,校服通常质量很好。它们不那么贵,学生也不需要花太多的钱去买。因此“quality”表示“质量”。故选 B。

25. C 【解析】主旨大意题。通读全文,尤其是根据“Why is it good for students to wear school uniforms? Let's have a look.”可知,本文主要谈论了穿校服对学生的好处。故选 C。

C 26. E 27. C 28. B 29. A 30. D

四、31. absent 32. mobile 33. spirit 34. polite

35. litter

五、【文章大意】本文主要介绍了 Joe 在家里以及学校里的一些规则,她喜欢一些规则,但是也有一些规则她不喜欢。

36. them 37. running 38. to make 39. arrive

40. hallways 41. snacks 42. like 43. awful

44. uniform 45. listening/to listen

六、【文章大意】本文主要介绍了泰国的一些规则。

46. Some rules in Thailand.

47. It's a great book.

48. Because people in Thailand/Thai people think the left hand is dirty.

49. ①from ②rules ③use

50. 这些有趣的规则能帮助我更了解泰国。

51. Yes, there are. I think they're strict/useful.  
(答案言之有理即可。)

## 七、

### Rules

There are many rules for me to follow. I think some of them are useful. At home, I must get up early and make the bed. I must run for half an hour after getting up. I have to get to school on time. Also, I must treat one another with respect. And I can't run in the classroom.

But I don't like some of them. At home, I have to read books after finishing my homework. I can't hang out with my friends at weekends. I think it's awful because I need to relax with my friends. On school days, I must wear the uniform. I don't think it's cool.

## Part 2

### Section A

一、【文章大意】本文主要介绍了 Wang Min 的校规及她对这些校规的看法。

1. B 2. A 3. C 4. C 5. A 6. B 7. A 8. C  
9. A 10. C

二、【文章大意】本文主要讲了 Tina 不爱收拾屋子导致笔记本被狗啃掉的故事。

1. C 【解析】细节理解题。根据“... Tina watches her favourite TV show after finishing her homework.”及“After watching TV, Tina comes to her room to put away her school things.”可知,Tina 写完家庭作业后看电视,接着去收拾房间,故正确的顺序是③②①。故选 C。

2. C 【解析】词义猜测题。根据“After about five minutes, Mrs Black says, 'Oh, I know where it is now!'"可知,大约五分钟后,妈妈说知道笔记本在哪了,这说明 5 分钟前她们在“寻找”笔记本。故选 C。

3. D 【解析】细节理解题。根据“After about five minutes, Mrs Black says, 'Oh, I know where it is now!'"可知,大约五分钟后,妈妈说知道笔记本在哪了,这说明她们一起找了 5 分钟。故选 D。

4. B 【解析】推理判断题。根据“Tina feels sorry and she finds it important to put away things.”可知,Tina 最终知道了收拾东西的重要性,故选 B。

三、【文章大意】本文主要讲述了面对陌生人询问或搭

训,应遵循以下规则以确保安全:拒绝食物及跟随要求;信任直觉感受危险;遇险时向警察求助或奔向人多处求救。

1. D 2. C 3. E 4. A 5. B

四、【文章大意】本文主要介绍了一些餐厅制度。

1. They have to line up outside the cafeteria door in an orderly manner.
2. They have to clean their tables and the floor.
3. No, they can't.
4. ①in ②to ③and
5. 吃饭时说话声音要小。
6. We have to put up/raise our hands.

### Section B

一、【文章大意】本文介绍了学生们对学生每天需要跑1 500米的新规定的看法。

1. A 【解析】细节理解题。根据“*As Grade 8 students, we usually run 50 meters, 200 meters or 400 meters in P. E. class.*”可知,体育课上,王涛通常跑50米、200米或400米。故选A。
2. C 【解析】细节理解题。根据“*It can help us to keep in good health. Running can also make us feel good and restful.*”可知,跑步可以使学生保持健康和感觉良好。故选C。
3. A 【解析】词义猜测题。根据“*Running can also make us feel good and restful.*”可知,跑步也可以让我们感觉良好和放松。因此“restful”表示“感到放松的”。故选A。
4. C 【解析】推理判断题。根据“**Wang Tao**: I'm 12 years old. I'm from Beijing.”和“**Liu Lei**: I'm 13 years old. I'm from Dalian.”可知,王涛和刘磊来自不同的城市。故选C。
5. D 【解析】标题归纳题。文章主要介绍了学生对每天跑1 500米的新规定的看法。故选D。

二、1. Welcome 2. money 3. rules 4. remember  
5. drinks 6. dirty 7. quiet 8. loudly 9. leave  
10. time

三、【文章大意】本文主要讲述了Emily的图书馆的使用须知以及家庭、学校规则,强调了遵守规则的重要性。

1. Before 10:00 p. m.

2. Her friends.

3. In the dining hall.

4. ①because ②Don't ③arrive/be

5. 这里是一些关于如何在图书馆成为好读者的建议。

6. I have to get up at 7:00 a. m. and go to bed by 10 o'clock every night. From them, I know the importance of time. (开放性设问,答案言之有理即可。)

四、Dear Liu Jing,

Thank you for your letter. You want to know my family rules. Well, there are too many rules in my family.

I have to get up at 6:00 a. m. After school, I can't meet my friends because I have to do my homework. I have to wash dishes after dinner. And on weekends, I have to clean my room. I have to go to bed before 10:00 p. m. I can't watch TV on school nights. On Saturdays, I have to learn art. How busy I am! I don't think I have fun in my family. What about you?

Yours,

Ann

## UNIT 5

### Part 1

—1. B 2. A 3. D 4. D 5. B

二、【文章大意】本文主要讲述了父母希望孩子每天进行体育锻炼,并提供了一些保持健康的建议。

6. A 7. B 8. A 9. C 10. C 11. B 12. C  
13. A 14. C 15. A

三、【文章大意】本文主要讲述了中国最受欢迎的运动方式——跑步。

16. B 【解析】细节理解题。根据“*Global Running Day is on the first Wednesday of June every year.*”可知,世界跑步日在每一年六月的第一个星期三。故选B。

17. C 【解析】细节理解题。根据表格中统计图可知,百分之三十以上的人通过打乒乓球来保持健康。故选C。

18. B 【解析】细节理解题。根据表格中统计图可

知,最不受欢迎的运动方式是足球。故选 B。

**19. C** 【解析】推理判断题。根据“If you are a beginner, you should start from walking or jogging. If you are an old hand, you can run three or four times each week. Remember to warm up before running.”可知,本部分主要讲述了对于跑步的建议。选项 C“如何以正确的方式跑步”符合语境。故选 C。

**20. A** 【解析】推理判断题。通读全文可知,本文主要讲述了跑步是最受欢迎的运动方式,因此最有可能从健康版块看到这篇文章。故选 A。

**B【文章大意】**本文讨论了如今儿童在屏幕前花费过多时间可能导致的健康问题,以及如何减少屏幕时间的建议。

**21. C 22. E 23. A 24. D 25. B**

四、**26. belong 27. match 28. gloves 29. Maybe 30. seldom**

五、【文章大意】本文主要讲述了作者和她的妹妹参加运动的过程以及运动的好处。

**31. baseball 32. rackets 33. twice**

**34. interesting 35. do 36. pairs 37. well**

**38. encourage 39. clubs 40. for**

六、【文章大意】本文是一篇说明文。研究表明白天运动对我们更好。

**41. In the day.**

**42. Sports and sleep.**

**43. Once or twice a day.**

**44. ①half ②gets ③from**

**45. 他们规定学生每天应该进行一次或两次户外锻炼。**

**46. Yes, I will. Because it is good for my health. (开放性设问,答案言之有理即可。)**

## 七、Let's Do Exercise Together

It's very important for us to do exercise. Doing exercise can not only help us keep fit, but also help to train a person's character. What's more, doing exercise helps us to study better.

We can do more exercise. It is good for us to go to school on foot or by bike. In P. E. classes, we can do all kinds of exercise, such as running,

jumping, playing basketball and so on. On weekends, we can climb mountains or go swimming with our friends. Also, we can go hiking during vacations.

Let's do exercise and keep fit together!

## Part 2

### Section A

一、【文章大意】本文介绍了作者的朋友 Nick 是个运动迷。

**1. C 2. A 3. C 4. B 5. B 6. A 7. B 8. C 9. C 10. A**

二、【文章大意】本文介绍了几个简单的活动,可以让家里的每个人都离开椅子,帮助我们在燃烧卡路里的同时与家人更亲近。

**1. D** 【解析】细节理解题。根据“When you run, you can not only enjoy fresh air and beautiful views along the way, but also make your body healthy. You don't need to cost anything.”可知,当你跑步的时候,你不仅可以享受沿途的新鲜空气和美丽的景色,还可以使你的身体健康。你不需要付出任何代价。因此,D 项“你可以在包里装一个用来锻炼。”不是跑步的好处。故选 D。

**2. A** 【解析】推理判断题。根据“Running burns about 700 calories an hour.”可知,跑步每小时燃烧大约 700 卡路里。根据“Rope jumping burns 600 calories an hour.”可知,跳绳每小时燃烧 600 卡路里。根据“Hip hop dancing can burn about 400 calories an hour.”可知,跳嘻哈舞一小时可以燃烧大约 400 卡路里。根据“Walking a dog can burn 200 calories an hour.”可知,遛狗一小时能燃烧 200 卡路里。因此,跑步一小时能燃烧最多的卡路里,故选 A。

**3. D** 【解析】推理判断题。根据“Hip hop dancing can burn about 400 calories an hour.”可知,跳嘻哈舞一小时可以燃烧大约 400 卡路里。由此可知,如果玛丽跳嘻哈舞跳了一个半小时,则得出:  $400 + 200 = 600$ , 因此她燃烧 600 卡路里,故选 D。

**4. C** 【解析】推理判断题。根据“Running burns about 700 calories an hour.”可知,跑步每小时燃烧大约 700 卡路里。根据“Rope jumping burns

600 calories an hour.”可知,跳绳每小时燃烧 600 卡路里。根据“Hip hop dancing can burn about 400 calories an hour.”可知,跳嘻哈舞一小时可以燃烧大约 400 卡路里。根据“Walking a dog can burn 200 calories an hour.”可知,遛狗一小时能燃烧 200 卡路里。因此这些活动都帮助燃烧一些卡路里,故选 C。

5. B 【解析】推理判断题。通读全文,尤其是根据“The simple activities below will make everyone in our family leave the chair and help you get closer while burning some calories.”可知,本文介绍了一些简单的可以燃烧卡路里的活动,因此摘自杂志,故选 B。

三、【文章大意】本文主要介绍了作者学校的每个人都喜欢运动。

- 1. exercises 2. twice 3. popular 4. Another
- 5. are 6. teams 7. each 8. watch 9. running
- 10. healthy

四、【文章大意】本文是一篇说明文,就如何健康地慢跑给出了几点建议。

- 1. E 2. C 3. B 4. A 5. D

### Section B

一、【文章大意】本文主要介绍了我们一周应该锻炼几次。

- 1. B 2. C 3. C 4. C 5. A 6. B 7. B 8. A
- 9. C 10. A

二、【文章大意】本文主要介绍了保持健康的方法。

1. D 【解析】细节理解题。根据“A cup of milk before sleeping may help you get a good sleep.”可知,睡前喝杯牛奶可以帮助你睡个好觉。故选 D。

2. C 【解析】细节理解题。根据“Try to exercise for 30 minutes a day, three or four times a week.”可知,每天锻炼 30 分钟,一星期三到四次,即一周大约 2 个小时。故选 C。

3. B 【解析】细节理解题。根据“So you should wash your hands often with soap and water.”可知,你应该经常用肥皂和水洗手,这样能避免得流感。故选 B。

4. A 【解析】词义猜测题。根据“And see a dentist

at least once a year. The examination is not only for the health of teeth, but the whole body.”可知,要一年至少看一次牙医,去检查牙齿,由此可知,画线处词意为“检查”。故选 A。

5. D 【解析】细节理解题。根据“If you want to know more, please call Health Line at 180-1313.”可知如果想了解有关流感的信息,可以拨打健康热线 180-1313。故选 D。

三、【文章大意】本文讲述了作者汤姆学校有一场足球赛,但是汤姆足球踢得不好,他的爸爸教他踢足球的事情。

- 1. No, he doesn't.
- 2. He thinks it's a relaxing sport.
- 3. ①help ②at ③but
- 4. 汤姆想成为像他父亲布莱克先生那样的优秀足球运动员。
- 5. I like swimming because it can make me keep fit. (开放性设问,答案言之有理即可。)

四、Sports are important for us. My favourite sport is basketball. At the age of 10, when watching the games Yao Ming played basketball in NBA, I started to be fond of the game. I not only like watching basketball games, but also like playing basketball.

During the period playing basketball, I have benefited a lot from the sport. Firstly, it can help me to keep healthy and happy. Secondly, I can make a lot of friends through playing basketball and we can share our successes and failures. And it makes me understand that there is no “I” in the team. Every player should cooperate with other players in the team. So, I insist on playing it with my friends and classmates every day.

### UNIT 6

#### Part 1

- 、1. C 2. B 3. A 4. C 5. D

二、【文章大意】本文主要讲述了百岁老人王女士健康的生活方式。

- 6. B 7. A 8. B 9. C 10. C 11. A 12. C
- 13. B 14. B 15. C

三、A【文章大意】本文是关于吃快餐的调查报告,两百人参加了此次的调查。调查的内容是你多久吃一次快餐和你为什么喜欢吃快餐。

16. D【解析】细节理解题。根据 Chart 1 中的“Once a week 44%”可知,44%的人每周吃一次快餐食品,故选 D。

17. D【解析】细节理解题。根据 Chart 1 中的“Every day 6%”可知,6%的人每天吃快餐食品,故选 D。

18. B【解析】细节理解题。根据 Chart 2 中的“It tastes good.”对应的数字可知,有 44 个人喜欢吃快餐食品是因为快餐食品好吃。故选 B。

19. A【解析】细节理解题。根据 Chart 2 可知,调查人数中有 24 个人喜欢吃快餐食品是因为快餐食品可以打包带走,所占比例为  $(24/200 \times 100\%) = 12\%$ 。故选 A。

20. D【解析】细节理解题。由 Chart 2 可知,有 14 个人不知道什么食物更健康。故选 D。

B【文章大意】本文讨论了人们喜欢黑色的食物及其原因,同时文章也强调了食用多种颜色食物的重要性。

21. A【解析】推理判断题。根据“Black food can help their children be smart.”可知,黑色的食物可以帮助他们的孩子变得聪明。由此推知,一个七岁的男孩经常吃黑色的食物,他会变得聪明。故选 A。

22. C【解析】细节理解题。根据“Red gets us healthy hearts.”可知,吃红色的食物让我们的心脏健康。故选 C。

23. D【解析】细节理解题。根据“Green is good for our eyes. Blue and purple help us remember things well. They are good for our eyes, too.”可知,想要拥有一双好眼睛,她应吃绿色、蓝色和紫色的食物。故选 D。

24. C【解析】词义猜测题。根据“You can take photos of your foods for some days. Then you can use them to know clearly what you eat every day.”可知,你可以给你的食物拍几天照片。然后你可以用它们来清楚地知道你每天吃什么。由此可知,“them”指的是食物的照片。故选 C。

25. B【解析】主旨大意题。通读全文,尤其是根据“Black food is very good, but our bodies need food of various colours. Food is colourful.”可知,本文讨论了人们喜欢黑色的食物及其原因,同时文章也强调了食用多种颜色食物的重要性,所以作者想通过本文告诉我们应该吃各种颜色的食物。故选 B。

C【文章大意】本文主要介绍了中国的传统食物——饺子。

26. B 27. E 28. D 29. C 30. A

四、31. thirsty 32. among 33. customers 34. taste  
35. results

五、【文章大意】本文主要讲述了每个人都选择健康的食物和饮料。

36. good 37. vegetables 38. hamburgers  
39. fat 40. teeth 41. breakfast 42. before  
43. eating 44. delicious 45. So

六、【文章大意】本文主要倡导学生们不要吃垃圾食品。

46. In the school hall.  
47. Because they think they are delicious.  
48. Only healthy food.  
49. ①them ②If ③for

50. 但是我发现我们学校的很多学生喜欢吃垃圾食品。

51. No, I don't. Because although they taste good, they do great harm to health. (开放性设问,答案言之有理即可。)

七、Dear Bob,

To keep healthy, it's important to eat well. I have a healthy eating habit. I like to have rice and eggs for breakfast. I like to eat chicken and vegetables for lunch. I like to eat dumplings for dinner. I like dumplings most, but I don't like sandwiches. I think vegetables are healthy food, so I eat them every day. Do you think my diet is healthy? What about you?

How about your eating habits? Tell me, please.  
Your friend,  
Bob

## Part 2

### Section A

一、【文章大意】本文主要讲述了如何拥有健康的饮食。

1. B 2. C 3. B 4. C 5. B 6. A 7. B 8. C  
9. C 10. B

二、【文章大意】本文主要告诉我们怎样养成健康的饮食习惯。

1. D 【解析】词义猜测题。根据“Tea is usually good for you. Drink it with lemon and don't put any milk or sugar in it.”可知,茶通常对你有好处,但要加柠檬喝,不要加牛奶或糖,由此可知,此处 it 指代“茶”。故选 D。

2. B 【解析】细节理解题。根据“Carrots have a lot of vitamin A and vitamin A is good for your eyes.”可知,胡萝卜含有大量的维生素 A,维生素 A 对眼睛有好处,即胡萝卜对我们的眼睛有好处。故选 B。

3. C 【解析】主旨大意题。通读全文可知,本文通过阐述一些说法正确与否,来告诉我们如何养成健康的饮食习惯。故选 C。

4. C 【解析】篇章结构题。第一段是总述有些关于健康的说法并不总是正确的;第二、三、四、五段是具体介绍关于健康的说法以及该说法蕴含的健康知识,由此可知,本文是“总一分”结构。故选 C。

三、【文章大意】本文主要介绍了许多英国家庭的一日四餐,并介绍了他们都吃哪些食物,以及每餐的时间。

1. meals 2. breakfast 3. to 4. porridge  
5. coffee 6. is 7. dinner 8. vegetables  
9. watermelons 10. their

四、【文章大意】本文主要讲了健康饮食的重要性,并告诉我们运动也对健康有益。

1. Food.  
2. Fruit and vegetables.  
3. We can do sports.  
4. ①because ②saying ③or  
5. 他们的父母不希望他们吃太多垃圾食品。  
6. I usually eat lots of fruit and vegetables to keep healthy. I seldom eat junk food. (开放性设

问,答案言之有理即可。)

### Section B

一、【文章大意】本文介绍了森林中熊的一家,有熊妈妈、熊爸爸和熊宝宝,也介绍了一家三口的一日三餐。

1. B 2. A 3. B 4. B 5. C 6. B 7. C 8. B  
9. A 10. B

二、【文章大意】本文主要介绍了维生素 D 的重要性及获取维生素 D 的一些方法。

1. D 【解析】细节理解题。根据“When we are young, vitamin D builds up our bones and makes them strong. When we are older, we still need vitamin D to keep our bones strong.”可知,维生素 D 能使我们骨骼强壮。故选 D。

2. D 【解析】细节理解题。根据“But our bodies can't make vitamin D. So we have to get it from outside of our bodies.”可知,必须从体外获取维生素 D 是因为我们的身体不能产生维生素 D。故选 D。

3. A 【解析】细节理解题。根据“Vitamin D is in foods like fish and eggs.”可知,可以通过吃鱼来获取维生素 D。故选 A。

4. C 【解析】细节理解题。根据“If we want to be healthy, we should spend some time in the sun each day. Too much sun is not good for you, but about 15 minutes a day is usually enough.”可知,建议我们每天在阳光中待大约 15 分钟的时间。故选 C。

5. B 【解析】段落大意题。通读第三段,尤其是据“Where can a person get this very important vitamin?”可知,第三段主要讲述了我们可以从哪里获得维生素 D。故选 B。

三、【文章大意】本文主要介绍了什么是超加工食物及其对健康的影响。

1. A 2. B 3. E 4. C 5. D

四、【文章大意】本文介绍了美国人的饮食习惯。

1. have 2. for 3. usually 4. lunch  
5. important 6. vegetables 7. drink 8. or  
9. eating 10. share

## UNIT 7

### Part 1

一、1. B 2. D 3. A 4. D 5. D

二、【文章大意】本文是一篇记叙文。文章讲述了West夫人和儿子去购物的过程。

6. A 7. B 8. C 9. B 10. A 11. C 12. B  
13. C 14. A 15. B

三、A【文章大意】本文主要介绍了当地市场是个有趣的地方。人们喜欢去市场购物,因为食物非常新鲜和便宜,人们可以在那买到几乎所有需要的东西。

16. B【解析】细节理解题。根据“People also love local markets because the food is very fresh and cheap.”可知,因为那里的食物既新鲜又便宜。故选B。

17. A【解析】节理解题。根据“If you don't want to cook, you can also buy cooked food at the market.”可知,如果你不想做饭,你可以在当地市场买熟食。故选A。

18. D【解析】细节理解题。根据“Fruit, vegetables and meat often come from the farm.”和“The fish are often very fresh and come to the market from the fishing boat.”以及“You can buy toys or books there.”可知,你在当地市场买不到汽车。故选D。

19. B【解析】篇章结构题。根据“Local markets are interesting places.”可知,第一段提出了市场;第二、三、四三段分别介绍了在市场里你能买到的物品,因此文章属于“总一分”结构。故选B。

20. D【解析】主旨大意题。通读全文,尤其是根据“Local markets are interesting places. People go to markets early in the morning to buy fruit, vegetables, meat and fish.”可知,作者想告诉我们有关当地市场的信息。故选D。

B【文章大意】本文介绍了一些关于如何用你的钱买到最多最好的东西的建议。

21. E 22. A 23. C 24. D 25. B

四、26. size 27. proper 28. store 29. mall

30. jeans

五、【文章大意】本文介绍了作者家庭的购物习惯。

31. buys 32. like 33. snacks 34. shopping  
35. Internet 36. free 37. usually  
38. something 39. prices 40. pay

六、【文章大意】本文讲述了丽莎在肯德基店里给一位老人付了两个冰激凌的钱。

41. They are \$1.4.  
42. Because the old man doesn't have much money.  
43. Because Lisa pays for the old man.  
44. ①with ②How ③pay  
45. 他给孩子们买了两个汉堡包。  
46. Yes, I do. I want to help my classmates clean the classroom. (开放性设问,答案言之有理即可。)

七、Online shopping is a new way of shopping. It is popular among young people.

It has many advantages. We can buy almost everything on the internet without going out. We can also find some cheap things on the internet. And it saves our time.

But online shopping is not always perfect. Sometimes the product is not very good. We can only see the pictures, but we can't touch it with our own hands. Also, paying over the internet isn't always safe.

I think online shopping is a good way of shopping. It makes our life easy. It is changing our way of life.

### Part 2

#### Section A

一、【文章大意】本文讲述了辛迪和妈妈买衣服的经历。

1. A 2. B 3. C 4. A 5. B 6. C 7. A 8. C  
9. C 10. A

二、【文章大意】本文主要介绍了富华购物中心的一些销售活动和每个楼层的销售商品。

1. D【解析】细节理解题。根据“Children's Toys Shop”和“Welcome! There are all kinds of toys in

the shop.”可知,玩具商店所对应的楼层是六层。故选 D。

2. B 【解析】细节理解题。根据“Buy a meal for at least 18 yuan, and get a free drink.”可知,至少花 18 元买一顿饭,还能免费得到一杯饮料。故选 B。

3. A 【解析】细节理解题。根据“Men’s Clothing”和“Buy one, get another free.”可知,在男装区可以买一送一。故选 A。

4. B 【解析】细节理解题。根据“Women’s Clothing & Children’s Clothing”和“10% off all clothing, shoes and hats.”可知,如果你买一双标价 300 元的鞋,你只需支付 270 元。故选 B。

5. D 【解析】推理判断题。通读全文可知,本文主要介绍了富华购物中心的一些销售活动和每个楼层的销售商品。因此这篇文章可能来自购物中心。故选 D。

三、【文章大意】本文主要提供了四个购物的建议。

1. All the things you want to buy.

2. It’s very important.

3. To get the best one.

4. ①shopping ②with ③take

5. 第三,当你购物时,你需要进入不同的商店并比较同类商品。

6. Yes, I do. Because there are lots of discounts on many things. /I am free on weekends... /No, I don’t. Because I have too much work to do. /there are too many people there... (开放性设问,答案言之有理即可。)

## Section B

一、【文章大意】本文讲述了周六格林先生陪格林太太购物时两人之间的趣事。

1. C 2. A 3. C 4. A 5. C 6. B 7. A 8. C  
9. B 10. B

二、【文章大意】本文主要介绍了网上购物的缺点。

1. D 【解析】细节理解题。根据“You needn’t walk out of the room. It seems easy and quick.”可知,网上购物简单快捷是因为你不必出门买东西。故选 D。

2. B 【解析】词义猜测题。根据“it will bring you some trouble”可知,如果不细心,就会陷入麻烦,由此可知,careless 表示“粗心的,不细心的”。故选 B。

3. A 【解析】细节理解题。根据“You may find the colour of the products is different from what you want, or the size is too small or too big.”可知,你可能会发现产品的颜色或尺寸与你想要的不同。故选 A。

4. C 【解析】细节理解题。根据“If you want to be different, you’d better not buy clothes online.”可知,如果你想与众不同,最好不要在网上买衣服。故选 C。

5. A 【解析】主旨大意题。通读全文,尤其是根据“But there’s a trap online sometimes.”可知,本文主要谈论了网上购物的缺点。故选 A。

三、【文章大意】本文主要讲述了网上购物有利有弊。

1. D 2. C 3. B 4. E 5. A

四、【文章大意】本文是一篇说明文。文章主要讲述了作者喜欢在网上买书的原因及好处。

1. price 2. pay 3. post 4. me 5. stores  
6. think 7. what 8. or 9. shopping  
10. makes

## 综合模拟训练

### 综合模拟训练一

一、1. B 2. D 3. C 4. A 5. D

二、【文章大意】本文主要讲述了 Jamie 和 Jessie 彼此拿错了书包的故事。

6. B 7. C 8. C 9. B 10. A 11. C 12. A  
13. C 14. A 15. B

三、第一节

A 【文章大意】本文是一篇说明文。文章介绍了父母为孩子准备生日派对时要注意的事项。

16. B 【解析】细节理解题。根据“And there are four things for parents to remember when they want to have a birthday party for their kids.”可知,文章介绍了父母为孩子准备生日派对需要做的四件事情。故选 B。

17. A 【解析】细节理解题。根据“Each kid wants

different kinds of parties. Write down all your child's ideas on a piece of paper and then get things ready according to the list."可知,列一个清单可以避免忘记需要为派对准备的东西。故选 A。

18. C 【解析】细节理解题。根据"If you go to a party store, you can buy everything you need and you won't have to go to different stores to get everything ready."可知,去派对商店就能买到需要的一切。故选 C。

19. D 【解析】细节理解题。根据"The best drink is cold water if it is hot in summer."可知,在炎热的夏天,最好的饮料是冰水。故选 D。

B【文章大意】本文介绍了 Rick 上学日的时间表。

20. D 【解析】细节理解题。根据表格中 "Exercise" "run for thirty minutes in his garden" 可知,Rick 起床后在花园里跑步。故选 D。

21. C 【解析】细节理解题。根据表格中 "Go to bed" "9:30 p. m." 可知,Rick 周四晚上 9:30 上床睡觉。故选 C。

22. C 【解析】细节理解题。根据表格中 "Friday" "watch TV" 可知,Rick 周五晚上看电视。故选 C。

C【文章大意】本文介绍了一些需要遵守的食品安全规则。

23. A 【解析】推理判断题。根据"Don't touch the food with your hands if you are ill because there are germs on your hands. If you put your hands on it, you may make your family ill."可知,生病了不要用手碰食物,因为你的手上有细菌。如果你碰了它,你可能会让你的家人生病。所以"it"指代的是 "the food", 故选 A。

24. D 【解析】细节理解题。根据 "Call the library at 569-9857 before Friday to get a seat for the class." 可知,如果你想上 Paul Smith 的课,你必须打电话预订座位。故选 D。

25. C 【解析】推理判断题。根据 "Do you want to know more about food safety? Doctor Paul Smith will tell you more at the class at 9:00

this Saturday morning... Show your school ID card when you get into the library." 可知。星期六上午的课是为学生准备的,故选 C。

26. A 【解析】主旨大意题。通读全文,尤其是根据 "Here are some rules for food safety you should follow." 可知,文章主要介绍应该遵守的食品安全规则。故选 A。

D【文章大意】本文从四个方面详细地介绍了如何保护濒临灭绝的动物。

27. A 【解析】词义猜测题。根据 "Never buy anything that are made from endangered animals. Don't do harm to endangered animals or their living places. Instead, we should try our best to protect them." 可知,切勿购买由濒临灭绝的动物制成的任何东西。相反,我们应该尽力保护他们。由此可知,画线短语 "do harm to" 意为 "伤害"。故选 A。

28. A 【解析】细节理解题。根据 "You can give some money to nature reserves or spend your time helping the nature reserves to protect endangered animals." 可知,可以给自然保护区一些钱保护濒危动物。故选 A。

29. B 【解析】篇章结构题。第一段总述要保护濒临灭绝的动物需要一些步骤;第二、三、四段分别讲了保护濒临灭绝的动物的步骤;第五段总结呼吁大家都要付诸行动来保护濒临灭绝的动物。由此可知本文结构为 "总—分—总"。故选 B。

30. D 【解析】标题归纳题。通读全文可知,本文从四个方面详细地介绍了如何保护濒临灭绝的动物。由此可知最佳标题为 "保护濒临灭绝的动物"。故选 D。

第二节 【文章大意】本文讲述了世界海洋节以及人们对海洋的认识和保护。

31. A 32. E 33. D 34. C 35. B

四、36. quarter 37. total 38. kilos 39. save

40. absent

五、【文章大意】本文介绍了校车司机 Jennifer 的日常生活。

41. daily 42. dressed 43. are 44. their  
45. showers 46. teeth 47. pencils  
48. interesting 49. really 50. exercises

六、【文章大意】本文主要介绍了 Rick 的学校和家里的一些规则。

51. At six thirty.  
52. In the library.  
53. He helps his mother do housework.  
54. ①school ②hour ③bad  
55. 我只能在周末玩电脑游戏。  
56. I can't watch TV on school days. After school, I must do my homework first. (答案不唯一,合理即可)

七、One possible version:

### The School Bus Rules

Rules are everywhere. If we want to go to school by school bus, we need to know the school bus rules.

First, we must arrive at the bus stop early and wait for the school bus there. Second, we must keep the school bus clean. Third, we can't be noisy on the bus. And we can't run or fight on the bus, either. Fourth, we can't get off the bus before it stops. Fifth, it's dangerous for us to play around the bus stop, so we can't do that.

These rules are useful and important. To keep safe, we must follow them.

### 综合模拟训练二

一、1. C 2. B 3. D 4. D 5. A

二、【文章大意】本文介绍了几种动物,以及呼吁人们拯救濒危动物。

6. C 7. B 8. C 9. A 10. C 11. B 12. C  
13. A 14. C 15. B

三、第一节

A【文章大意】本文主要讲述了动物救援中心的工作人员 Jenny 让一只名叫 Van Halen 的只有一支耳朵的狗狗画画,然后通过售卖它的画,来帮助救助中心筹钱。

16. A 【解析】细节理解题。根据第二段中

“There is a seven-year-old dog with only one ear... And then the dog has a cool name—Van Halen.”可知, Van Halen 的年龄是七岁, 所以可以回答 A 项“Van Halen 多大了?”。故选 A。

17. B 【解析】推理判断题。根据第二段中“*There is a seven-year-old dog with only one ear at the centre. When she finds that no one wants to adopt the dog, she thinks of an idea.*”和第四段中“*Jenny says Van Halen will have a new home and its new family are nice people. Jenny wants it to have a happy life.*”可推知, Jenny 是一个善良、有爱心的人。故选 B。

18. A 【解析】细节理解题。根据第二段中“*She lets the dog paint beautiful pictures. People love the dog's pictures a lot.*”可知, Van Halen 能画很漂亮的画。故选 A。

19. C 【解析】推理判断题。根据第四段中“*Jenny says Van Halen will have a new home and its new family are nice people.*”可推知, Van Halen 不会住在动物救助中心了。故选 C。

B【文章大意】本文介绍了不同国家不同的学校规定。

20. D 21. B 22. C

C【文章大意】本文讲述了凯文·斯威尼参加了智商测试,得了最高分 162 分。文中介绍了他的日常生活中的喜好。

23. A 【解析】推理判断题。根据“*Kevin's father, Eddie Sweeney, says that his son is the only child who takes the test that day.*”可知, 凯文和成年人一起参加了智商测试,故选 A。

24. A 【解析】细节理解题。根据“*In his daily life, Kevin likes watching the IQ game, Who Wants to Be a Millionaire, and he is able to answer all the questions in this game.*”和“*He even gives the right answer to the question before the options come up. Kevin also has other hobbies, such as music, singing and playing the piano and guitar.*”可知, 在日常生活中, 凯文喜欢看智商游戏《谁想成为百万富

翁》，凯文还有其他爱好，比如音乐、唱歌、弹钢琴和吉他。故选 A。

**25. D** 【解析】推理判断题。根据“‘Kevin is running round the garden after he gets the result.’”可知，凯文得到智商测验结果后，在花园里跑来跑去，由此推断，他很兴奋，故选 D。

**26. C** 【解析】标题归纳题。通读全文，尤其是根据“Recently, a kid called Kevin Sweeney in the UK takes the Mensa test and gets the highest IQ score of 162.”可知，本文介绍了一个男孩智商测试得分最高，故选 C。

**D** 【文章大意】本文讲述了汤姆和他的同班同学们正在谈论他们的学校生活，他们对家庭作业有不同的看法。

**27. C** 【解析】细节理解题。根据“Primary school students should get less homework.”可知，莉莉认为小学生可以少点家庭作业，故选 C。

**28. C** 【解析】细节理解题。根据“And if we spend much time doing homework after school, we will not have any time to do outdoor activities.”可知，本认为家庭作业太多的话，学生将没有时间进行户外活动。故选 C。

**29. B** 【解析】篇章结构题。第一段是介绍汤姆和他的同班同学们正在谈论他们的学校生活，是总述；第二段和第三段认为家庭作业有好处；第四段和第五段认为给学生做家庭作业是个坏主意。由此可知，文章结构如 B 选项所示，故选 B。

**30. C** 【解析】推理判断题。本文讲述了汤姆和他的同班同学们正在谈论他们的学校生活，他们对家庭作业有不同的看法。所以有可能在报纸的学校部分看到本文，故选 C。

第二节 【文章大意】本文介绍了四种动物的特征和习性。

**31. B 32. C 33. A 34. D 35. E**

四、**36. half 37. lend 38. housework 39. parts**

**40. own**

五、【文章大意】本文主要介绍了作者学校的一些校

规。

**41. So 42. follow 43. First 44. late 45. study 46. fight 47. quiet 48. uniforms 49. same 50. our**

六、**51. Doing business. /Business.**

**52. After about a month.**

**53. Ten pounds.**

**54. ①at ②secret ③clever**

**55. 鱼开始起作用了。**

**56. The businessman.**

七、One possible version:

In China, children usually celebrate their birthdays with their parents. The birthday child's parents go to the cake store to buy a birthday cake and put it on the table. The cake has the same number of candles as the child's age.

During the party, the parents light the candles and the birthday child blows out the candles. He or she can make a birthday wish. His or her friends and family members sing the song “Happy Birthday to You” and enjoy the birthday cake together. They give gifts to the birthday child and then take photos with the child.

I think the birthday child should plant a tree. He or she can watch the tree grow.

### 综合模拟训练三

一、**1. C 2. C 3. D 4. B 5. B**

二、【文章大意】本文主要讲述了 Bella 不遵守家庭规则，她可以随意吃冰激凌、随时看电视和玩耍，但她的小狗 Puppy 却不听话，打破了 Bella 最喜欢的杯子，不肯去睡觉。最后，Bella 意识到规则的重要性，表示会遵守规则。

**6. A 7. C 8. B 9. A 10. C 11. A**

**12. B 13. B 14. C 15. B**

三、第一节

A【文章大意】本文是一篇说明文。文章主要介绍了泰国的猴子自助餐节，那里的人们认为猴子

能给他们带来好运,所以在这特殊的一天来感谢猴子。

**16. C【解析】**细节理解题。根据第一段中的“It is on the last Sunday of November.”可知,泰国的猴子自助餐节是在11月份。故选C。

**17. C【解析】**细节理解题。根据第一段中的“People there think monkeys can bring good luck to them. So, to thank monkeys, they have this special festival.”可知,举办这个节日是因为人们认为猴子能带来好运。故选C。

**18. A【解析】**细节理解题。根据第三段中的“Young people always dress like monkeys and they sing and dance and play some music on the street.”可知,在那天,年轻人总是唱歌跳舞。故选A。

**19. D【解析】**标题归纳题。通读全文可知,文章主要介绍了泰国的猴子自助餐节,那里的人们认为猴子能给他们带来好运,所以在这特殊的一天来感谢猴子,用“The Festival for Monkeys”做标题最合适。故选D。

**B【文章大意】**本文主要介绍了一些对眼睛有益的食品。

**20. A【解析】**细节理解题。从表格中“When you have sore eyes, Beta-carotene can make you feel better.”可知,眼睛酸可以吃香蕉缓解。故选A。

**21. D【解析】**词义猜测题。根据表格中“Kids like sweet food, such as candies, honey and ice-cream. They are delicious. You may not know they are good food for short-sightedness. Don't eat too much.”可知,这里介绍了有益于眼睛的几种甜食。由此可知,这里的They指的就是甜食。故选D。

**22. D【解析】**主旨大意题。通读全文可知,本文主要介绍了一些对眼睛有益的食品。故选D。

**C【文章大意】**本文是一篇说明文。文章主要介绍了人们日常生活中的常规行为。

**23. C【解析】**细节理解题。根据第二段中“Routines save much time because you do

them without thinking. That's why they are so important in the morning when your brain isn't active.”可知,常规很重要、很有用的原因就是它们可以节省大量时间。故选C。

**24. C【解析】**细节理解题。根据“I don't eat anything for breakfast.”可知,Amy不吃早饭。故选C。

**25. B【解析】**词义猜测题。bedroom 卧室; bathroom 浴室; kitchen 厨房; house 房子。根据画线单词后面的“wash my face”和“I have a shower and dry my hair.”可知,通常洗脸、洗澡、擦干头发这些动作都是在浴室发生的,由此推测,画线单词的意思是“浴室”。故选B。

**26. A【解析】**推理判断题。最后一段中提到“So sometimes it's a good idea to break your routines.”,那么反之即“有时候,一直保持我们的常规并不好”,A项符合题意。故选A。

**D【文章大意】**本文主要讲述了机器人Toby为家里做的各种家务,并成为家里的一名成员。

**27. A【解析】**细节理解题。根据文中“David, his master, asks him to turn on the air conditioner before he gets home.”“Then, Toby does some cleaning.”“He uses his right hand to cut up a chicken and add the pieces to the water to make a good soup.”“Soon, a vegetable salad is finished.”及“At ten to seven, he begins to set the table.”可知,正确的顺序应该为⑤④②③①。故选A。

**28. B【解析】**细节理解题。根据文中“At ten to seven, he begins to set the table. He puts some bread, the chicken soup and the salad on it.”可知,Toby在6点50的时候把晚餐准备好了。故选B。

**29. D【解析】**推理判断题。根据文中“‘The soup smells great, David,’”可知,Helen赞美了Toby做的汤,由此可知,他们回到家后是开心的。故选D。

**30. C【解析】**推理判断题。通读全文可知,本文主要讲述了机器人Toby为家里做的各种家务,

并成为家里的一名成员,是描述家庭生活的。故选 C。

**第二节 【文章大意】**本文主要介绍了中国儿童庆祝生日的方式、地点。虽然长太后不愿意庆祝生日,但是他们总是怀念儿童时期这种美好的回忆。

31. C 32. B 33. A 34. E 35. D

**四、**36. fit 37. Excuse 38. own 39. uniforms  
40. thirsty

**五、【文章大意】**本文主要介绍了如何保持健康的方法。

41. healthy 42. eating 43. times 44. forget  
45. Having/To have 46. also 47. exercising  
48. and 49. is 50. friendly

**六、【文章大意】**三名学生在文中谈论了对看电视的看法以及他们最喜欢的电视节目。

51. For about two hours.  
52. Many interesting places.  
53. She thinks it is boring.  
54. ①because ②from ③don't  
55. 长时间坐在电视机前不利于健康。

56. Yes, I do. Because it can help me relax and open up my eyes. (开放性设问,答案言之有理即可。)

**七、**One possible version:

### Mark's Healthy Life

Mark has good habits. So he is a healthy boy. He often gets up early and exercises every morning. He usually runs for thirty minutes each day. He has good eating habits. He eats enough vegetables and fruit and drinks milk every day. He also eats meat and fish twice a week. However, he never eats junk food because he thinks it's bad for his health. Healthy food and exercise help him keep in good health.

### 综合模拟训练四

**一、**1. B 2. D 3. C 4. A 5. A

**二、【文章大意】**本文主要介绍了不同年龄段的人庆祝生日的方式和感受。

6. C 7. B 8. B 9. C 10. A 11. B 12. C

13. C 14. A 15. C

### 三、第一节

**A【文章大意】**本文主要介绍了世界各地学校规则的不同,反映了各地对学生的行为要求。

**16. B【解析】**细节理解题。根据“*In some countries like the US and Europe, rules are about being respectful, kind and fair to everyone.*”可知,美国和欧洲的学校规则是对每个人都要尊重、友善、公平,故选 B。

**17. A【解析】**细节理解题。根据“*In some African schools, there are rules about saving water and keeping the school clean.*”可知,在一些非洲学校,有一条关于节水的规定。故选 A。

**18. B【解析】**词义猜测题。根据“*Although school rules may be different, their aim is to keep students safe, honest and ready to learn.*”可知,尽管校规可能有所不同,但它们的目标是确保学生的安全、诚实和随时准备学习。由此可知,“aim”意思是“目标”,故选 B。

**19. C【解析】**推理判断题。根据“*Although school rules may be different, their aim is to keep students safe, honest and ready to learn.*”可知,校规很重要是因为它是为了保证学生的安全、诚实和随时准备学习。故选 C。

**B【文章大意】**本文介绍了七山学校的几种课后俱乐部。

20. D 21. C 22. A

**C【文章大意】**本文主要讲的是为了保持健康,孩子们应该怎样锻炼身体。

**23. A【解析】**细节理解题。根据第二段中“*Children can do activities like climbing and playing on monkey bars—this kind of exercise is good for their muscles.*”可知,如果孩子们想拥有强壮的肌肉,爬山对他们来说更好。故选 A。

**24. B【解析】**细节理解题。根据最后一段中“*So if you're going to ask your children to go for a walk, think of some fun things to do*

along the way,’”可知,斯蒂芬妮·沃尔什医生认为孩子们在锻炼时应该开心。故选B。

**25. C** 【解析】推理判断题。根据最后一段中“It's a good idea to take them outside and let them play with their friends.”可知,带他们出去玩是个好主意,由此可推知,此处应该是怎样才能使锻炼有趣,选项C“我们怎样才能让他们觉得锻炼很有趣呢?”符合语境。故选C。

**26. C** 【解析】标题归纳题。通读全文,尤其是根据第一段中“How much exercise do children need to keep in good health?”可知,本文主要讲的是为了保持健康,孩子们应该怎样锻炼身体,选项C“孩子们最好的锻炼方式”为最佳标题。故选C。

**D** 【文章大意】本文讲述了作者每周一送两个孩子去森林学校学习,孩子们在那里探索自然、自由玩耍,并学会了照顾自己和与自然相处。

**27. D** 【解析】细节理解题。根据第一段中的“They each carry a large bag with some clothes, a pair of shoes, lots of food and water.”可知,孩子们带的是衣服、鞋子、食物和水,没有书。故选D。

**28. B** 【解析】细节理解题。根据第二段中的“Right, my boys go to a forest school once a week.”可知,孩子们每周去一次森林学校。故选B。

**29. A** 【解析】段落大意题。第四段主要描述了孩子们在森林学校的生活,包括他们如何规划自己的游戏、爬树、生火等。故选A。

**30. A** 【解析】推理判断题。文中提到作者开车送孩子去公园,并在文末提到“我接男孩们回家”,由此可以推断,作者是孩子的家长。

第二节 【文章大意】本文主要介绍了中国的一种运动——八段锦。

**31. D 32. B 33. A 34. E 35. C**

四、**36. language 37. found 38. choice 39. weight 40. products**

五、【文章大意】本文主要介绍了Jill的日常活动。

**41. teeth 42. dressed 43. minutes' 44. teaches**

**45. finishes 46. quickly 47. relax 48. delicious 49. walk 50. washing**

六、【文章大意】本文介绍了运动对每个人都很重要。每个人选择的运动方式不一样,体育课对学生也很重要。

**51. Five times a week.**

**52. On the playground.**

**53. Swimming.**

**54. ①but ②in ③lot**

**55. 我们学校有一个大操场,学生们喜欢在那里做运动。**

**56. I like playing basketball. I play it three times a week. / ... (开放性设问,答案言之有理即可。)**

七、One possible version:

I plan to buy birthday presents for my sister and brother online. Now in my shopping cart, there are a scarf and a coat. I'm going to buy the red scarf for my sister. It is 200 cm long and it is 45 yuan. The coat is for my brother. The size is L. The coat is orange and it is 140 yuan. I'm sure my sister and brother will like them.

I like online shopping because I can compare many products on the Internet. The products in the online shops are usually cheap so I can save money. Do you like shopping online?

## 综合模拟训练五

一、文章介绍了有关天气的信息。

**1. C 2. B 3. D 4. A 5. C 6. B 7. A 8. C 9. D 10. B**

二、第一节

**A** 【文章大意】本文讲述了三个人的爱好与理想。

**11. C 12. A 13. C 14. D**

**B** 【文章大意】本文介绍了四种乡村活动。

**15. B 16. B 17. C**

**C** 【文章大意】本文主要介绍了作者的学校生活。

**18. D 19. B 20. B 21. C**

**D** 【文章大意】本文是大卫的部分旅行日记。

**22. B 23. B 24. D 25. A**

## 第二节

26. A 27. C 28. B 29. D 30. E

三、31. riding 32. noisy 33. stop

34. beautiful 35. newspaper

四、36. countries 37. south 38. to go 39. from

40. swimming 41. other 42. between

43. places 44. Remember 45. bring

五、46. She takes the bus to school.

47. Tom.

48. Because there is snow all year round in Iceland.

49. ①time ②takes ③an

50. 学校离她家很远。

51. The passage is about how do students in some countries go to school.

## 六、One possible version:

### My Friend

I have a friend. Her name is Kate. She comes from England. She is 13 years old. Kate goes to school by bus every day. Talking with her classmates on the bus is relaxing. Her favorite subjects at school are English and science. She thinks they are interesting and fun. Her birthday is June 5th. She likes singing and dancing. She also likes to make friends. She has a good living habit. She goes to bed early and gets up early. She likes to eat vegetables and fruit. She arrived at school on time. She obeys by the rules of the school. She is very friendly to people.